

Team Up For **TERRY**

Is an opportunity for your group, company, or organization to make a difference in the fight against cancer while commemorating a great Canadian, Terry Fox. Invite your associates, colleagues, family and friends. Start a team to honour a loved one, to engage your workplace in community, and to share a great experience with your family. **Everyone is welcome.**

How To Get Involved

- Register your team online at terryfox.org/teams
- Recruit friends and family to join your team
- Start fund-raising online
- Order official Terry Fox merchandise – we can even add your team name to your shirts.

Who We Are

For over 30 years The Terry Fox Foundation has worked to achieve Terry's vision – a world without cancer. Our researchers, our staff and our thousands of volunteers are determined to reach that goal. We strive daily to uphold Terry's ideals and values in everything we do – and we always will.

- A single goal: to fund innovative cancer research
- Low overhead, more funds directed to research
- Over 9,000 Terry Fox Runs each year
all volunteer-led and organized
- Terry Fox Runs are non-competitive and inclusive, all are welcome

Team Talks

"I'm not a pessimist but I am a realist who knows firsthand how cancer can change lives for themselves and their family. Running the Terry Fox Run the past three years has given me the empowerment and courage to help support the angels, fighters and survivors of this terrible disease."

–Amanda M, Team Captain

Team Up with colleagues

Support your community by bringing staff together to raise funds at the Terry Fox Run this year!

Assemble a group of colleagues, friends and family – It's a great team-building opportunity for your group, company or organization while making an important contribution to cancer research. Being truly grass roots, all Terry Fox Runs are 100% volunteer led, with a \$0 operating budget. Our goal is to ensure funds raised reach their intended destination – cancer research.

Team up with family and friends

Invite a group of friends and family to join you on Run day. You'll be making an important contribution to the cause while enjoying a fun filled day with your loved ones!

Single Mission: to fund innovative research

For millions of people worldwide Terry Fox is the face of hope for cancer research. In 1980 his Marathon of Hope inspired a country and launched the annual The Terry Fox Run in his honour. Now in it's fourth decade, the Run continues to motivate people in Canada and around the world, raising much needed funds for research.

- The Terry Fox Foundation continues to be a leading national investor in cancer research, directing \$26.6 million to its research programs in 2015/2016.
- Our \$0.16 fund-raising ratio is one of the best in the Canadian not-for-profit sector.
- Our research focus is multi-site, including lung, brain, pediatric, and more.
- We invest in projects with the potential for best and fastest outcomes.

"It's got to keep going without me"

- Terry Fox

Register your team: terryfox.org/teams



THE TERRY FOX
FOUNDATION