

Supporting Terry's Dream to find a Cure for all Cancers

THE MARATHON OF HOPE

In 1977, 18-year-old Terry Fox lost his right leg to bone cancer. Terry was deeply affected by this life changing event and the suffering of other cancer patients. In 1980 he resolved to raise money and awareness for the cause through his "Marathon of Hope" across Canada, running close to a marathon a day for 143 days before cancer forced him to stop in Thunder Bay.

CONTINUING IN HIS STEPS

In the 38 years since Terry undertook his courageous journey, the commitment of thousands of people around the globe has kept his dream alive. Through worldwide participation, close to \$750 million has been raised for cancer research in Terry's name. 2018 marks a special milestone as the Marathon of Hope commemorates its 38 th anniversary.

ACHIEVEMENTS TO DATE

Last year, our Terry Fox Run raised close to \$165,000 for cancer research, ranking as the third largest run site in Ontario. Since 1981, our community has raised close to \$7.6 million with over 1,850 participants attending each year.

REGISTER AND RAISE ONLINE

We have made it easy for you or your team to participate. Visit us at www.marathonaday.ca to sign up and for more information.

JOIN US ON SOCIAL #TerryFoxRunUCC

Connect with us to stay in touch and share your stories! Follow us for news about our run site activities and schedule for this year.

 @TerryFoxRunUCC

 @TerryFoxRunUCC

 /TerryFoxRunUCC
Please like the page on Facebook.

GIVING MAKES A DIFFERENCE

Money raised is directed towards funding of research into many forms of cancer including lung, prostate, breast, colon, ovarian and children's cancers. To learn more about The Terry Fox Research Institute portfolio and recent breakthroughs visit: www.tfri.ca

The Terry Fox Foundation

84¢

of every dollar raised goes to cancer research



Other Charities

65¢

of every dollar raised goes to cancer programs

Thanks to your generosity and to our expansive team of volunteers, the Terry Fox Foundation has long been recognized as one of Canada's most efficient charities.

BE A CONTRIBUTOR

- Support Terry's Dream to find a cure for all cancers.
- Optionally have a reserved table to engage the community from to provide free information / samples.
- Get listed onsite as a Terry Fox contributor.
- Grow followers through Social Media engagement.
- Create a Terry Fox Team with your employees to build synergy and bring their family's together for a day of fun including:
 - Fundraising individually or as a team to find a cure for all cancers
 - Kid's Fun Zone including live music, jumping castles and face painting
 - Physical activities including warm-ups, yoga and 5km and 10km routes that are dog, stroller, biking, walking and running friendly
 - On-site Massage Therapists
 - Enjoy the Food Fair and Live Entertainment

SUNDAY, SEPTEMBER 16, 2018

Sunrise Yoga	7:45am
Registration, Kids Fun Zone, Wellness Zone + Food Fair Open	8:00am
Speeches Begin	8:15am
Terry Fox Warm-up	8:50am
5 + 10km Routes Open	9:00am
Live Entertainment	9:15am
5 + 10km Routes Close	12:00pm
Kids Fun Zone, Wellness Zone + Food Fair Close	2:00pm

WHAT TO BRING

Bring a lawn chair or blanket for the barbecue picnic, a re-fillable water container (as we are green), and your credit card to make a donation and purchase this year's t-shirt or sweatshirt.

RUN HIGHLIGHTS

- No entry fee - attend with family, friends + co-workers
- Street parking
- Free kids activities and games
- Honour Terry's legacy
- Live entertainment
- One-way 5 km and 10 km marked routes
- Bike and stroller friendly routes
- Water stations on both routes
- Free BBQ picnic for registered participants



THE TERRY FOX
FOUNDATION

Celebrating 38 years!

ROUTE MAP

Upper Canada College
200 Lonsdale Road, Toronto,
Ontario, Canada M4V 1W6



Start / Finish Line



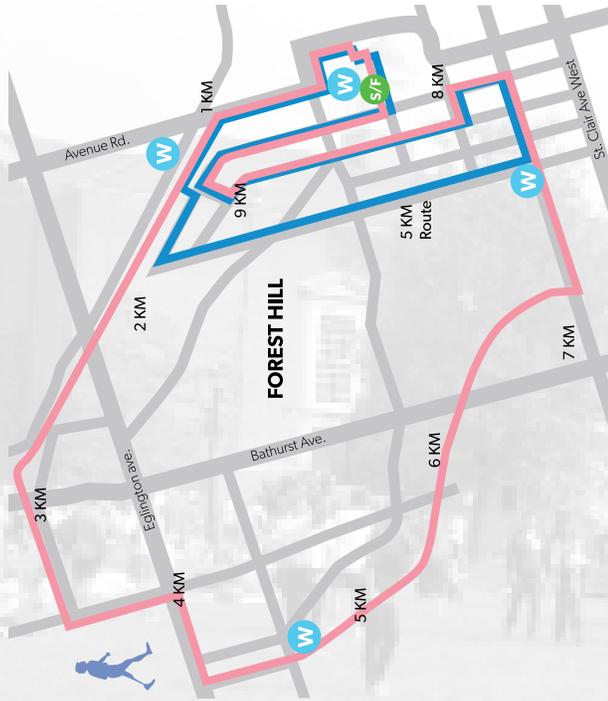
Water Station



Subway and Bus Accessible
The subway opens at 8:00am on Sundays.



Route marked with pylons, please obey
traffic lights and signs.



GRASSROOTS FAMILY EVENT
NO ENTRY FEE - NO MINIMUM PLEDGE



Finding a cure for all cancers
one step at a time.

Join us at the

Terry Fox Run, Walk, Ride!

Sunday, Sept 16, 2018
Terry Fox Day
8am - 2pm

Prep Field
Upper Canada College 200
Lonsdale Road

CONTACT INFO

For more information visit
www.marathonaday.ca

To Team Up for Terry, volunteer,
contribute or share your feedback
please contact:

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