

THE TERRY FOX RUN

SCHOOL PLEDGE SHEET



Student's Full Name		
School Name		
Rm	City	Site#

Please **PRINT** clearly. Full mailing address is required for tax receipt.
Please make cheque payable to **The Terry Fox Foundation**. Donation of \$20 and above receive a tax receipt.

					AMOUNT COLLECTED		
NAME: John Smith				TEL: 123 456-7890	\$25.00	<input type="checkbox"/> CASH	
APT: 301	ADDRESS: 234 Every street	CITY: Everytown	POSTAL CODE: L 0 L 1 L 0			<input checked="" type="checkbox"/> CHEQUE	
Full mailing address required for tax receipt							
EMAIL: johnsmith@gmail.com				PROV:			
NAME:				TEL:	\$	<input type="checkbox"/> CASH	
APT:	ADDRESS:	CITY:	POSTAL CODE:			<input type="checkbox"/> CHEQUE	
Full mailing address required for tax receipt							
EMAIL:				PROV:			
NAME:				TEL:	\$	<input type="checkbox"/> CASH	
APT:	ADDRESS:	CITY:	POSTAL CODE:			<input type="checkbox"/> CHEQUE	
Full mailing address required for tax receipt							
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APT:	ADDRESS:	CITY:	POSTAL CODE:			<input type="checkbox"/> CHEQUE	
Full mailing address required for tax receipt							
EMAIL:				PROV:			

Bike Draw

Get 5 donations on this pledge sheet and/or register and fundraise online to be entered to win a bike!



1 bike will be drawn per region! One entry for every completed pledge sheet and one entry if you register online and fundraise (two entries if you do both!)



THE TERRY FOX
FOUNDATION

TOTAL PAPER PLEDGES

\$

+

TOTAL ONLINE PLEDGES

\$

=

GRAND TOTAL

\$

Well Done!

HOW CAN SOMEONE DONATE TO ME?

- 1 By cheque or cash
- 2 Directly to my school at terryfox.org
- 3 Directly to me on my online fundraising page (*see below*)



HOW DO I COLLECT PLEDGES?

ON PAPER

Use your pledge sheet to ask relatives and family friends in person for cash or cheque donations. Fill in all their info on the other side of this sheet, and hand it in to your school with the donations.

ONLINE

Go to terryfox.org to set up your private student fundraising page. You can upload pics of yourself and a message to ask for donations. Once you're signed up, you'll get a link to share with family and friends, or through your parent's/guardian's email, or by social media.

COMBO: ONLINE + PAPER

Using both methods is a great way to reach more people. When Terry ran, he didn't have the Internet to help him. He had his voice and a telephone. To honor Terry, let's pull out all the stops and do our very best too.

"I got so many donations when I sent my link out to all my relatives in England, after I created my fundraising page at terryfox.org. Then my mum and dad shared my pledge sheet with their office friends. It was so easy for me to reach my goal and now I have a page on the website that I can sign into every year." Khylla WM., Wm. Berczy PS

Are there any tips online to help me fundraise?

Go to terryfox.org under the School Run page to find some fundraising tips to help you meet your fundraising goal.

You Make This Possible

When you and your sponsors give to The Terry Fox Foundation the ripple effect of that contribution can be felt through more than 75 different cancer research projects spanning a variety of different sites.

Terry wanted money raised in his name to fund the best and brightest researchers and scientists in Canada.

Here are only a few of the many different types of cancer research that are made possible thanks to your generosity.

Lung cancer
Breast cancer
Ovarian cancer

Colorectal cancer
Pediatric cancer
Prostate cancer

Brain cancer
Blood cancers

TERRYFOX.ORG / 1.888.836.9786

MEET LAUREN

Canada's next dance superstar, Cancer Survivor

I don't remember a lot about my cancer treatments or being in the hospital, but my Mom does. She tells me that I was only 6 months old when she and my Dad were told I had cancer. They wanted to run from the hospital because they were so scared but the doctors and nurses soon became like their family. I had cancer in my eyes that went away after the doctors gave me chemotherapy.

When I was almost 3 the doctor suggested removing one of my eyes but lucky for me, my Mom and Dad wouldn't let them. We kept going back to the hospital for treatments and they worked! When I was 5 and a half the doctor finally told us that I had no more cancer!

Today I have to be careful in the sun, but nothing slows me down. I like dancing and singing. I do dance classes for Ballet, Acro, Jazz and Modern but Acro dance is my favourite. I'm in French Immersion at school where we do the Terry Fox Run. We also do the Terry Fox Run every year at Wasaga Beach with my Grandma and the rest of our family. It's so much fun!

I admire Terry Fox because he was very courageous running around Canada so he could donate money for cancer research. Cancer can bring you down but to anybody fighting it I say be brave like Terry - and me too.

Thank you!

